

Recreational

Fall 2019

5+ years



1371 10<sup>th</sup> Ave SW  
 Salmon Arm  
 250-804-0602

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Class	Time	Class	Time	Class	Time	Class	Time	Class	Time
Homeschool Gymnastics	1:00-2:00			Homeschool Gymnastics	1:15-2:15				
				Bronze Bouncers	2:30-3:30				
Bronze Bouncers	2:30-3:30	Bronze Bouncers	2:30-3:30	Bronze Balancers	2:30-3:30	Bronze Bouncers	2:30-3:30	Bronze Bouncer	3:00-4:00
Bronze Balancers	3:00-4:00	Bronze Balancers	2:30-3:30	Bronze Bouncers	3:30-4:30	Bronze Balancers	2:30-3:30	Bronze Balancer	4:00-5:00
Silver Springers	3:30-5:00	Bronze Balancers	3:30-4:30	Silver Springers	3:30-5:00	Silver Springers	3:30-5:00		
Bronze Bouncers	4:00-5:00	Silver Springers 7-9	3:30-5:00	Bronze Balancers	4:30-5:30	Bronze Bouncers	4:00-5:00		
Bronze Balancers	5:00-6:00	Bronze Bouncers	4:00-5:00	Silver Stars	4:30-6:00	Bronze Balancers	4:00-5:00		
Bronze +	7:00-8:00	Silver Stars	4:00-5:30	Silver Springers 10+_	5:00-6:30	Silver Stars	5:00-6:30		
		Silver Springers	4:30-6:00	Silver Stars	5:00-6:30	Bronze +	6:30-7:30		
		Bronze +	5:30-6:30	Bronze Bouncers	6:00-7:00				
		Teen Rec	6:30-8:00	Bronze +	6:30-7:30			Youth Drop in	6:30-7:30
		Adult Rec	7:00-8:30					Teen Drop in	7:30-8:30

Classes Run Sept 16<sup>th</sup> – Dec 16<sup>th</sup>

13 week duration

No Classes October 14<sup>th</sup> and November 11<sup>th</sup>

**Prices do not include 5% taxes or yearly insurance fees, unfortunately insurance fees have been raised from Gymnastics BC due to trampoline laws and are now 38.50 for recreational athletes.**

Class	1 day/week	2 days /week
Bronze	\$200	\$300
Silver	\$260	\$375
Teen Rec	\$200	
Adult Rec	\$15/day	
Youth/Teen Drop-In	\$10/day	<u>Must have an up to date insurance waiver</u>