



# Trampoline & Tumbling & Parkour

**Winter 2019 Schedule** 6+ years

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Class	Time	Class	Time	Class	Time	Class	Time	Class	Time
Tramp Basics	4:00-5:00	Kids parkour Adv	4:00-5:00	Tramp Basics	4:00-5:00	Tramp Flips	3:30-4:30	Tramp Basics	3:00-4:00
Tramp Flips	6:30-7:30	Youth Parkour Adv	5:00-6:00	Tramp Flips	5:00-6:00	Tramp Basics	4:30-5:30	Kids Parkour	3:30-4:30
		Teen Parkour	6:15-7:15	Tramp Basics	6:00-7:00	Youth Parkour	6:15-7:15	Tramp Flips	4:00-5:00
						Teen Parkour	7:15-8:15	Youth Parkour	4:30-5:30
								Tramp Salto's	5:00-6:00

Classes run Jan 7<sup>th</sup> - March 18<sup>th</sup>

10 week duration

No Classes Feb 18<sup>th</sup>

**All new members please add \$25 insurance fee (payable once/year)**

Prices do not include 5% taxes

Class	1 classes/week	2 classes /week	
Tramp Basics	\$200	\$300	
Tramp Flips	\$200	\$300	
Super Salto's	\$200	\$300	
Parkour	\$220	\$320	