

Recreational

Winter 2022

5+ years



1371 10th Ave SW
 Salmon Arm
 250-804-0602

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Class	Time	Class	Time	Class	Time	Class	Time	Class	Time
				Bronze Bouncers	12:00-1:00	Bronze Bouncers/Balancers	12:30-1:30		
Bronze Bouncers	2:30-3:30	Bronze Balancers	2:30-3:30	Bronze Bouncers	2:30-3:30	Bronze Bouncers	2:30-3:30	Adapted Gymnastics	1:15-2:00
Silver Springers	3:30-5:00	Silver Springers	3:30-5:00	Bronze Bouncers	2:45-3:45	Bronze Balancers	2:45-3:45	Bronze Bouncers	2:30-3:30
Bronze Bouncers	4:00-5:00	Bronze Balancers	4:15-5:15	Bronze Balancers	3:30-4:30	Silver Springers	3:30-5:00		
Bronze Bouncers	4:15-5:15	Bronze Bouncers	5:00-6:00	Bronze Bouncers	3:45-4:45	Bronze +	3:45-4:45		
Bronze Balancers	4:30-5:30	Bronze Bouncers	6:00-7:00	Silver Springers	4:30-6:00	Bronze Bouncers	4:15-5:15		
Silver Springers	5:00-6:30	Bronze +	7:00-8:00	Bronze Balancers	4:45-5:45	Silver Springers	4:45-6:15		
Bronze +	6:15-7:15			Bronze +	6:00-7:00	Bronze Bouncers	5:15-6:15		
Bronze Balancers	6:30-7:30			Silver Stars	6:30-8:00	Bronze Balancers	5:15-6:15	Silver Stars	6:30-8:00
				Teen Rec	7:00-8:00	Bronze Balancers	6:15-7:15		
						Bronze +	6:15-7:15		

Classes Run Jan 3rd – Mar 21st
 11 week duration
 No Classes Monday Feb 21st

Priority Online Registration: Monday, November 29th

Public Online Registration: Tuesday, November 30th

Visit www.momentumgymnastics.com and click the “Registration” tab.

Prices do not include 5% taxes or yearly insurance fees, unfortunately insurance fees have been raised from Gymnastics BC due to trampoline laws and are now \$47 for recreational athletes.

Class	1 day/week	2 days /week
Bronze	\$210	\$310
Silver	\$280	\$460
Teen Rec	\$210	
Adapted Gymnastics (TA or Parent must be present)	\$180	